

OFFICIAL PROGRAMME 2027

FOR INTERNATIONAL 4 DAY PACKAGE T.O.U.R.S

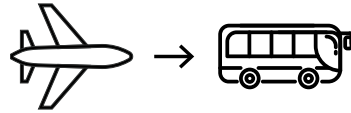
OSET FJELLHOTEL



FROZEN LAKE MARATHON

VISIT WWW.FROZENLAKEMARATHON.COM

THURSDAY MARCH 18 ARRIVAL DAY



Arrival (latest times):

11:30 → Bus 1 at 12:30

13:00 → Bus 2 at 14:00

16:30 → Bus 3 at 17:30



16:00 - 20:00 Check-in at Oset hotel



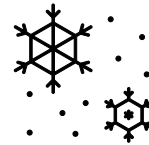
18:00 Dinner buffet



FRIDAY MARCH 19 ACTIVITIES & PREPARATION



Breakfast: 08:00–10:00



09:15, 10:15, 11:15 **Departure by bus to Bualie**
(10 participants per group, divided into 3 groups)

Activity: Mountain Bike at Bualie
(limited to 30 participants)



10:30, 11:30, 12:30 **Return by bus to the hotel**
(10 participants per group)

Subject to snow and weather conditions,
snowmobile activity will be available for
pre-booking in early March.



13:00 - 14:30 **Lunch buffet**

14:00 - 21:00 **Race bib (BIB) collection**
/ Frozen Lake Shop

18:00 & 18:30 **Shuttlebus to the Lake**

19:00 **Shake Out Run 5k**

20:00 & 20:30 **Shuttlebus returns to Oset hotel**

19:30 - 22:00 **Pasta Party**



SATURDAY MARCH 20

RACEDAY



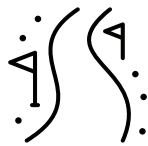
7:00 - 10:00 **Breakfast buffet**



8:00 **Shuttlebus Early starters**
(Marathon 4:30 or slower)

9:00 **Shuttlebus marathon runners only**

9:30 & 10:00 **Shuttlebus half marathon**



10:00 **Marathon start**
11:00 **Half marathon start**

Hot soup will be served to all runners
after finishing.



SATURDAY MARCH 20

RACEDAY



13:00 Podium Ceremony 21K

14:15 Podium Ceremony 42K

16:00 Cut off time all distances



13:30 / 14:30 / 15:30 / 16:15
Shuttlebus to Oset hotel



18:00 - 21:00 Dinner buffet

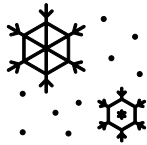


SUNDAY MARCH 21

ACTIVITIES & RELAXATION



7:00 - 10:00 **Breakfast buffet**



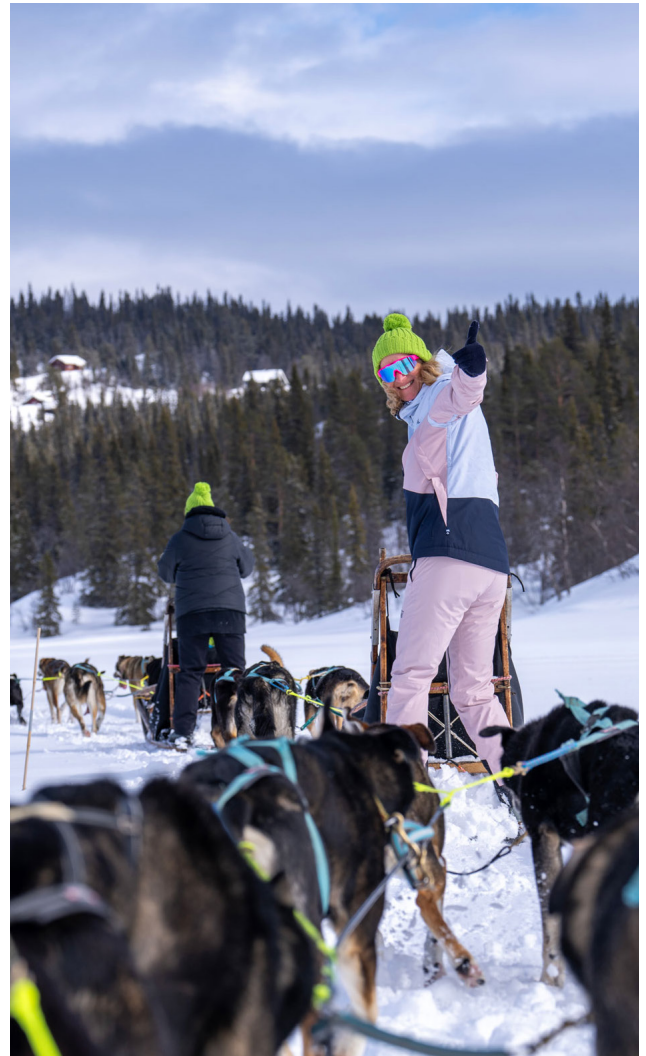
08:15 **Dog Sledding**
(pre-bookings only)

Bus 1 (Groups 1 & 2 – 26 participants)

08:15 Departure
Group 1 09:00–09:45
Group 2 09:45–10:30
10:30 Return
11:00 Arrival at hotel

Bus 2 (Groups 3 & 4 – 26 participants)

10:00 - Departure
Group 3 - 10:45–11:30
Group 4 - 11:30–12:15
12:15 - Return
12:45 - Arrival at hotel



13:00 - 14:30 **Lunch buffet**

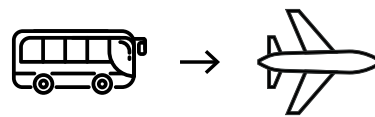
Free time in the afternoon

19:00 **Dinner buffet**

MONDAY MARCH 22



7:30 Breakfast buffet



Airport transfers

BUS 1 leaves 08:30

Arrival at airport no later than 12:00

11:30 Soup served at the hotel

12:30

Bus 2 leaves 12:30

For remaining guests

